

Snuggle Up and Strap In



Maternal Beginnings
Family Wellness Day



Join our team for a free Family Wellness Day



We are Offering:

- Welcome Gift Bags
- Free Door Prizes
- Trusted tips, helpful resources, and professional support to keep both baby and caregivers thriving.

Information and
Resources on:

Safe Sleep

Car Seat Safety

Maternal Mental
Health

And so much
more!

Location:

Community Health Center
675 Main Street
Middletown CT, 06457

September 11th, 2026

2pm – 5pm

Register Here

